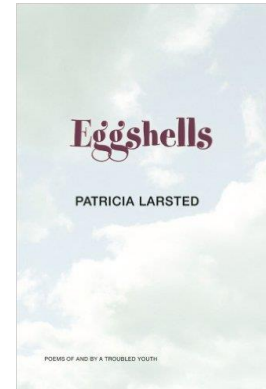
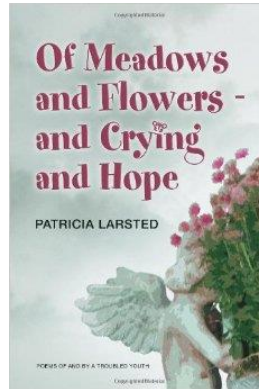
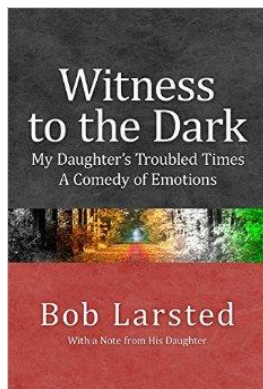




Join a Conversation with Local Authors

Bob and Patricia Larsted

Perspectives on Patricia's Struggle with Mental Health Challenges



- Hear **Patricia Larsted** discuss her battle with anxiety, depression, bipolar, obsessive-compulsive, and schizoaffective disorders
- Hear her father **Bob Larsted** discuss his own journey to support and advocate for Patricia
- Learn how Patricia survived, and ultimately, thrived while navigating the minefield of school, family and today's healthcare system
- Appreciate their different perspectives and how they share their journeys with all of us through their writing

When
August 24, 5:30 – 7:00 p.m.

Where
Springfield Public Library
Community Room
220 State St
Springfield, MA 01103

RSVP
Training@ppal.net
(please specify which program in RSVP)
or 617-542-7860, ext. 204