

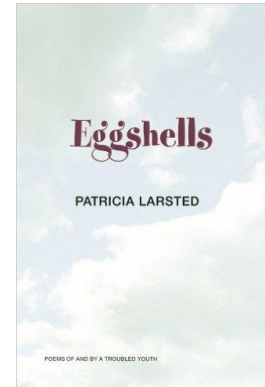
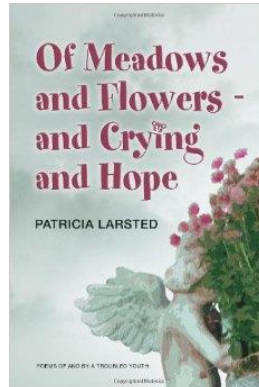
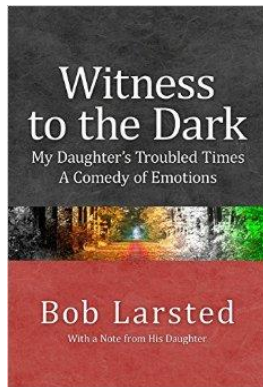
PPAL 25th 1991-2016 Anniversary

Parent/Professional Advocacy League

Join a Conversation with Local Authors

Bob and Patricia Larsted

Perspectives on Patricia's Struggle with Mental Health Challenges



- Hear **Patricia Larsted** discuss her battle with anxiety, depression, bipolar, obsessive-compulsive, and schizoaffective disorders
- Hear her father **Bob Larsted** discuss his own journey to support and advocate for Patricia
- Learn how Patricia survived, and ultimately, thrived while navigating the minefield of school, family and today's healthcare system
- Appreciate their different perspectives and how they share their journeys with all of us through their writing

When
March 15, 5:30 – 7:00 p.m.

Where
Bellingham Public Library
Community Room
100 Blackstone Street
Bellingham, MA 01013

RSVP
Training@ppal.net
(please specify which program in RSVP)
or 508-767-9725

PARENT / PROFESSIONAL ADVOCACY LEAGUE

The Massachusetts Family Voice for Children's Mental Health

www.ppal.net

6th Annual Conference & Celebration * May 27, 2016 * Best Western Marlborough, MA